

## Risk Indicators

# Know it - Don't assume it!

Use the points below to identify if the programme is suitable for the young person you are thinking of offering the programme to.

Your points should be 'evidence based' please don't assume that the young person is doing something when you're not certain, if in doubt discuss the criteria with a programme facilitator.

- You are aware that the young person drinks alcohol or takes drugs which impact on their behaviour
- You are aware that they have engaged in sexual risk taking, including various partners or a lack of contraception use
- You are aware that they participating on 'risk taking' activities
- You are aware that they engage in conversation or meet people from using social media
- You are aware that they have low aspirations or engagement in the curriculum or extra curricular activity and are not achieving as anticipated
- You are aware that they have access to inappropriate material including pornography and choose to look at it
- You are aware that they are easily led or fall victim to peer pressure
- You are aware that they struggle to identify feelings and are not confident in themselves
- You are aware that they struggle to make friends or maintain friendships
- You are aware that they have been bullied or that they displays this type of behaviour to others
- You are aware that they do not understand the consequences of their actions for themselves or others
- You are aware that they do not take responsibility for their own actions
- You are aware that they are struggling to deal with the physical and emotional changes they experience as they are growing up

The young people identified should display a minimum of 3 of the points listed and remember they should be evidence based not assumptions.