SECTION 7: DIABETES

Darlington Clinical Commissioning Group has looked at local health needs and current levels of service within the borough and has identified significant challenges in terms of poor health and high levels of health inequality. Diabetes is one condition which is multifaceted in its' risks to patients.

The prevalence of diabetes in Darlington is 6.8% which is higher than England and the North East region. In terms of numbers it is 5,797 individuals aged 17 and over.

Fig 117: Prevalence and risk

Compared with benchmark:	Better Similar Worse Lower Similar Higher Low High Not Compared					Lowest	Benchmark Value 25th Percentile 75th Percentile Best/Highest			
			Gateshead		Region	England	England			
Indicator		Period	Count Value		Value	Value	Worst/ Lowest	Range	Best/ Highest	
Deprivation		2010	-	29.5	-	21.7	5.4		43.4	
Diabetes prevalence		2013/14	10,934	6.5%	6.5%	6.2%	3.7%	0	8.7%	
GP recorded prevalence of (16+)	obesity in adults	2013/14	21,871	12.8%	12.5%	9.4%	13.8%		4.6%	
Physical inactivity		2013	-	32.3%	30.9%	28.3%	40.5%	\bigcirc	15.9%	
Percentage of population whethicity as Asian or Asian E		2011	3,738	1.9%	2.9%	7.8%	0.6%	•	43.5%	

Fig 118: Treatment targets for diabetes

Compared with benchmark: Better	Similar	Worse	Low	er Sim	Similar Higher		Not co	ot compared									
Indicator	Period	•	England	North East region	County Durham	Darlington	Gateshead	Hartlepool	Mddlesbrough	Newcastle upon Tyne	North Tyneside	Northumberland	Redcar and Cleveland	South Tyneside	Stockton-on-Tees	Sunderland	
Good blood sugar control in people with diabetes	2013/14		61.5	64.0	65.6	68.1	62.7	61.0	59.1	64.0	63.9	66.2	64.4	64.9	60.2	63.0	
Good blood pressure control in people with diabetes	2013/14		71.9	73.8	74.2	72.7	72.8	69.6	70.3	76.4	71.8	75.8	73.1	75.0	74.0	73.7	
Good cholesterol control in people with diabetes	2013/14		72.3	73.7	73.5	75.2	75.9	70.7	72.1	73.6	71.4	73.5	76.4	72.3	73.4	75.3	
People with diabetes meeting treatment targets	2012		36.0	37.4*	36.0	36.8	37.1	37.2	37.4	37.8	35.3	37.5	37.4	41.2	37.2	39.8	

Fig 119: Care Processes

Compared with benchmark:	Worse 🔵 Lo	ower <mark>O</mark> Simil		Benchmark Value Worst/Lowest 25th Percentile 75th Percentile Best/Highest							
			Darlington		Region England						
Indicator		Period	Count	Value	Value	Value	Worst/ Lowest	Range	Best/ Highest		
Good blood sugar control in p diabetes	eople with	2013/14	3,949	68.1%	64.0%	61.5%	47.9%		74.9%		
Good blood pressure control i diabetes	n people with	2013/14	4,214	72.7%	73.8%	71.9%	61.4%		81.2%		
Good cholesterol control in pe diabetes	ople with	2013/14	4,362	75.2%	73.7%	72.3%	65.4%		81.6%		
People with diabetes meeting targets	treatment	2012	2,033	36.8%	37.4%	36.0%	30.2%		48.0%		

Fig 120: Complications

Compared with benchmark: Better Not Comp		wer <mark>O</mark> Simil		Benchmark Value Worst/Lowest 25th Percentile 75th Percentile Best/Highest							
	Period	Gateshead		Region	England	England					
Indicator		Count	Value	Value	Value	Worst/ Lowest	Range	Best/ Highest			
Angina	2010/11 - 11/12	715	1.77	1.70	1.76	2.36		1.44			
Heart attack	2010/11 - 11/12	200	1.63	1.53	1.55	2.56		1.12			
Heart failure	2010/11 - 11/12	407	1.67	1.73	1.74	2.56		1.43			
Major amputation	2010/11 - 11/12	22	3.67	3.31	3.22	10.00		1.50			
Stroke	2010/11 - 11/12	224	1.28	1.38	1.34	1.93		1.03			
Kidney dialysis and transplant	2010/11 - 11/12	65	2.60	2.68	2.64	4.07	\diamond	1.52			

Further information is available from the Public Health England Fingertips website using the following link - <u>Darlington Diabetes Profile</u> [external link].